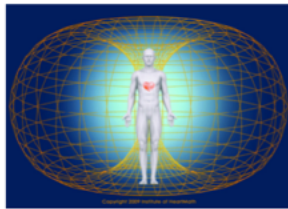


Repairing Traumatic Injuries to the Biological and Energetic Sense of Self

Taught by Ursula Hofer, Advanced Instructor

The body creates three distinct mappings of self. These emerge from the brain's, heart's and enteric nervous system's experience of the self/world. This course is designed to strengthen each of these mappings to help the person find themselves again after trauma! We will study each of these 3 mapping systems, focusing especially on peripersonal space (the region within arm and leg reach of the body) which is



created from the newly discovered multimodal neuron network of the brain. Emphasis will be placed on being present, listening and noticing if the body can self-correct. We will work in Phase 4/5 and 6, as well as various Reflexes but especially the Ciny Time Reflex. This course will conclude with the interweavings of the three perspectives - brain, heart and gut - into a unified whole.

Class Dates: June 4-6, 2020

Location: 546 Harkle Road, Santa Fe, NM



Early Bird: till April 4th, 2020: \$520

Regular Fee: \$570

Repeat fee: \$320

Deposit to hold your space: \$300. (\$200 is refundable if it is cancelled one month before the class.)

Prerequisite: 16 units Phase 6. Credit: 24 units electives.

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