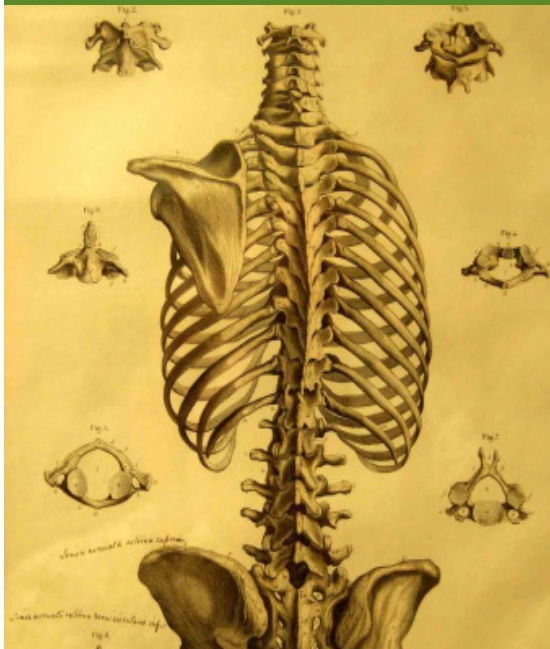


Ortho-Bionomy® Basics: Spine and Pelvis

at Santa Fe School of Massage



Saturday & Sunday

August 24 - 25, 2019

9am to 6pm

\$320 or \$288 early bird
(early bird applies if you pay
in full one month prior)

16 CE hours

Course Description

Ortho-Bionomy is a non-force system of manual therapy, energy work and somatic education founded by British osteopath Arthur Lincoln Pauls, DO. This gentle approach promotes healing from within the body by engaging the dynamic process of self-correction.

In this class you'll learn:

- Basic principles and concepts of Ortho-Bionomy
- Specific techniques to address tension patterns that affect the spine, pelvis and ribcage
- Energetic presence and touch skills that promote self-correction
- Sensing skills to help notice self-corrective responses
- Communication skills to support the process of Ortho- Bionomy

***Please note, no previous experience is needed.**

You do not need to be a massage therapist to take this class.



Christina Montes de Oca, BA, LMT, RAIO-B is an Advanced Instructor of Ortho-Bionomy. She began her career in Ortho-Bionomy in 1984 and continues the journey of learning to this day. She has been teaching and training Practitioners since 1991, and also trains new Instructors. Christina makes her home in Santa Fe. Christina is approved by the NCBTMB as a continuing education Approved Provider #151411-00.

(505)982-8398

www.santafeschoolofmassage.com

SFSOM is NM RMTS #1 and is approved by the NCBTMB
as a continuing education approved provider
#450651-08 (expiration 2/8/2020)

