

## Ortho-Bionomy® Phase 6

with Christina Montes de Oca, Registered Advanced Instructor of Ortho-Bionomy

**December 1-2, 2018**

**Time:** 9am – 5:30pm

**Pre-requisite:** Ortho-Bionomy Phase 5 or permission of the Instructor

In this class we learn the application of Ortho-Bionomy principles and techniques in relation to the energy field. Addressing tension patterns through the field is oftentimes helpful for situations where there is a lot of pain, or when physical contact does not feel safe for a client. It is also important for patterns that do not resolve through techniques that are more purely physical. Sometimes the energetic components of the situation need to come into play more directly for lasting self-correction to occur.

- We learn to notice our own fields as practitioners as well as the client's.
- We can observe relationships between qualities, patterns, movements that we sense in the field with those we sense in the physical body,
- We can notice when our specific contact – right time and right place— allows for a self-correction. A self-correction could be a change in a physical pattern and or the release of associated energetic and physiological patterns.
- We will also notice when introducing a reflex technique could be useful.

**Location:** Private studio, Santa Fe NM . Details upon registration.

**Tuition:** \$300 if registered by November 16<sup>th</sup>. \$350 thereafter

### To Register:

Send a check to Christina Montes de Oca 1613 Calle Torreon Santa Fe, NM 87501

To use a card or Paypal, contact me for instructions. A 3% processing fee applies.

### Cancellation Policy:

Email or phone call notice by November 14th. A \$25 processing fee will apply.



**Instructor:** Christina Montes de Oca, BA, LMT, RAIIO-B is an Advanced Instructor of Ortho-Bionomy. She began her career in Ortho-Bionomy in 1984 and continues the journey of learning to this day. She has been teaching and training Practitioners since 1991, and also trains new Instructors. Christina makes her home in Santa Fe. Christina is approved by the NCBTMB as a continuing education Approved Provider #151411-00.

*“Ortho-Bionomy is an art. It is a simple and profound process that inspires a lifetime of study. It evolves with us as we evolve in our own lives. I love how elegantly O-B supports the unfolding of each person’s richness as a being while providing a wide variety of practical tools for healing.”*

**Contact | Information** [christinaobsf@gmail.com](mailto:christinaobsf@gmail.com) 505-986-9939 (voice| txt)

**Registration:** Mail a check to Christina Montes de Oca 1613 Calle Torreon, Santa Fe, NM 87501. To use a card, please phone or email and I will send a link.